Simplicity

Define Spiritual Disciplines

Ecc 7.30

The Christian discipline of simplicity is an inward reality that results in an outward lifestyle.

What does this mean?

Example: Guy on Sharp top – Insecure, yet life style of boastfulness, arrogance, brashness

What would a simple life style look like?

* Desire for popularity gone
* No more jealousy over others possessions, content with what you have
* Being able to enjoy what you have
* Detachment from insignificant things in our lives

Love of money-possessions-status

Heb 13.5

Do we go to great lengths to avoid all forms of self-indulgence (Asceticism) or self-denial?

Phil 4.10-13

How do we avoid the extremes?

Matt 6.25-33

* seek the Kingdom of God

What does it mean to seek the Kingdom of God?

* *Kierkegard says, “becoming nothing before God, learn to keep silent; in this silence is the beginning, which is, first to seek God’s Kingdom.”*
* God is to be the focus of our efforts, all we do, have, posses, stand for, believe, want, hope for, dream for, all we are is to bring us closer to God.

Simplicity has nothing to do with abundance of possessions or lack of possessions, it is a mind set or trust in the Holy Spirit to guide us and to follow that path.